



TALISE
SPA

泰丽丝水疗

泰丽丝水疗为您提供重振身心的理想休憩之所。位于南京卓美亚酒店63层的泰丽丝水疗为旅途疲劳的宾客营造了舒适放松的氛围。步入宁静的泰丽丝水疗中心，恍如置身静谧天堂。水疗中心内设三间理疗室（一间双人室和两间单人室），每间理疗室均配有独立的淋浴间和浴缸。理疗项目使用英国专业水疗品牌 ESPA 产品，包括令人精神焕发的南亚和中式按摩、高级面部护理、裹敷、身体去角质以及足底按摩，按照您的需求提供贴心周到的护理，令您的心静神宁，重焕活力。

Talise Spa

Talise Spa is world renowned for offering exquisite tranquility and total rejuvenation. At Jumeirah Nanjing, we will delight you with our relaxing paradise on the 63rd floor. Step into one of three treatment rooms (one double and two singles) to experience an indulgent journey. Restore and nourish in every sense with this inspired collection of personalised treatments adopted from South Asian and Chinese methods, results-focused facials, high-performance body treatments, immersive massages and signature rituals await by ESPA UK, aiming to help you look and feel your best every day. Natural Beauty – Inner Calm.

卓美亚招牌系列

体验我们卓美亚自营的泰丽丝水疗独家收集来自世界各地提供放松和深层组织按摩手法。

舒压按摩 | 75分钟

你的紧张感会随着这个按摩的结合而消失，这是一个清新的手法，例如，揉、捏、拉伸、点压，结合您选择的纯精油，放松肌肉，促进身体健康。

包括：调整呼吸 - 全身减压按摩 - 头皮按摩

活力按摩 | 60分钟

通过这种全身深层组织按摩，感受你的能量被唤醒，古老的理疗技术，深层流动的运动，穴位刺激和轻拉伸。

包括：调整呼吸 - 全身活肤按摩 - 头皮按摩

Jumeirah Signature Collection

Experience our own Talise Spa by Jumeirah signature collection everywhere around the world offering both relaxation and deep tissue massages.

De-Stress Massage | 75 Minutes

Your tension will melt away with this massage which is a combination of refreshing techniques, such as kneading, muscle wringing, stretching and pressure points, combined with your choice of pure aroma oils to relax the muscles and promote overall well-being

Includes: Breath work – Full body de-stress massage – Scalp massage

Revitalising Massage | 60 Minutes

Feel your energy awoken with this full body, deep tissue massage featuring ancient therapeutic techniques, deep flowing movements, acupuncture point stimulation and light stretching.

Includes: Breath work – Full body revitalising massage – Scalp massage

ESPA 按摩

重新发现内心的平静和身体的健康。在这里，我们结合自然配方和全面技术，真正关注并解决您的个人需求，为您的身心提供切实有效的体验。缓解肌肉紧张，灵魂得到抚慰，助您重新集中精力，保持积极的状态。

静心招牌按摩 | 90/120分钟

让您的心静神宁，释放紧张，用这种深层的体验滋养您的皮肤。个性化了解您的身体和情绪需求，精心挑选的香薰疗法融合放松，净化或激励的能量，而按摩缓解肌肉压力，缓解焦虑，并让您得到深层的放松。身心得到平衡，能量得到更新，内心收获平静。

包括：调整呼吸 - 全身芳香疗法按摩 - 玫瑰晶头皮按摩

热石按摩 | 90/120分钟

用这种芳香疗法治疗精神和身体的持久放松。特制的热石按摩解除了持续的肌肉紧绷和不适，纯净、芳香的精油包围着心灵，舒缓压力，补充精神，让您感觉焕然一新。

包括：热石全身芳香疗法按摩 - 头皮按摩

瑞典式按摩 | 60/90分钟

精神焕发的按摩恢复身体，振奋精神。在您所需之处迅速而深入地按摩，传统的瑞典按摩用纯净、营养的精油促进循环，缓解紧绷、疼痛的肌肉，从头到脚唤醒身体。

包括：全身瑞典式按摩 - 头皮按摩

Espa Massages

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

Inner Calm Signature Massage | 90/120 Minutes

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Breath work – Full body aromatherapy massage – Scalp massage with Rose Quartz Crystals

Hot Stone Massage | 90/120 Minutes

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Includes : Breath work – Full body aromatherapy massage with hot stones – Scalp massage

SWEDISH MASSAGE | 60/90 minutes

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

Includes: Breath work – Full body Swedish massage – Scalp massage

ESPA 按摩

从世界著名的水疗专家ESPA那里收集的这些灵感十足的个性化理疗方案，可以完全恢复和滋养身心。注重效果的面部美容，高效的身体理疗，身临其境的按摩和招牌仪式，以润泽您的身体，心静神宁，让您的皮肤看起来光彩照人，自然美丽。

三重美肌神奇护理 | 150分钟

完美的停驻时间，消除肌肉紧张，恢复身体和精神的和谐平衡。用这种深层的恢复身体体验缓解您疲惫，疼痛的肌肉，结合立即有效的身体裹肤，全身按摩和舒适的头皮按摩。重现柔软，光滑，丰盈的肌肤。

包括：皮肤去角质 - 海藻泥面敷 - 头皮按摩 - 芳香按摩

三重美肌护理 | 120分钟

用我们有效的治疗疏解紧张，可以立即提升您的肤色和恢复内部平静，有针对性的按摩技术与最纯净的芳香疗法油和高度个性化的面部护理相结合，帮助您看到和感觉自己最好的状态——恢复、减压、焕发神采。

包括：背部去角质-背部热石按摩-个性化面部护理-头皮按摩

Espa Treatments

Restore and nourish in a complete sense with this inspired collection of personalised treatments from world-renowned spa experts, ESPA. Results-focused facials, high performance body treatments, immersive massages and signature rituals await, to nurture your body, calm your mind and leave skin looking radiantly and naturally beautiful.

Ocean And Earth Body Ritual | 150 Minutes

Perfect for an indulgent time out, melt away tension and restore harmonious balance to body and mind. Re-discover soft, smooth, richly replenished skin as you alleviate your tired, aching muscles with this deeply restorative holistic body experience, uniting an instantly effective body wrap, full body massage and comforting scalp massage.

Includes: Body exfoliation – Algae or Marine Mud wrap – Scalp massage – Aromatherapy massage

Back, Face And Scalp Treatment |120 Minutes

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant

Includes : Back exfoliation – Back massage with hot stones – Personalised facial – Scalp massage

面部护理

通过评估您的皮肤、生活方式和健康需，我们的 BSPA 专家通过强大的Tri-Active™混纺技术，打造出真正个性化、注重效果的面部护理，展现自然健康美丽的肌肤。可以立竿见影且持久的让皮肤看起来清爽，容光焕发，内心平静，彻底恢复。

极致亮泽面部护理 | 105分钟

使用此高级面部护理，恢复青春活力，改善肌肤紧致度。使用Tri-Active™成分结合专业的面部按摩提拉技术，此面部有助于对抗衰老迹象，刺激胶原蛋白生成，并提供强化效果；其好处即刻可见。

包括：包括 - 皮肤分析SkinVision™灯 - 三重净化蒸汽和提取（如果需要） - 专业抗老化,轮廓和提拉面部按摩,紧致面膜,头皮按摩

深层再生面部护理 | 105分钟

抗衰老面部护理可以帮助有效减少细纹。自然再生配方与恢复性按摩结合，以改善熟龄肤色，令其饱满，润泽。年轻的光芒被唤醒，您的皮肤会感觉美丽细腻，温和且柔软。

包括：SkinVision™灯皮肤分析 - 三重清洁 - 去角质-蒸汽和萃取（如果需要） - 抗衰老面部按摩 - 面膜 - 头皮按摩

内在美面部护理 | 75分钟

深层清洁，补水，重现肌肤效果。Active™配方可根据您的肌肤精准需求量身定制，改善您的肤色，纯正芳香疗法沁人心脾，让皮肤清爽紧致，自然美丽，使内心平静。

包括：SkinVision™灯皮肤分析 - 三重清洁 - 去角质 - 蒸汽和萃取法（如果需要） - 面部按摩 - 个性化面膜 - 头皮按摩

眼部提升紧致护理 | 45分钟

顺滑，紧致和水润立即恢复的眼部护理。经过验证的Tri-Active™配方有针对性的按摩，能在抚平细纹、舒缓娇嫩肌肤、减少浮肿和暗沉的同时放松身心。

包括：SkinVision™灯皮肤分析 - 清洁 - 脸部和眼部轮廓去角质 - 眼部轮廓按摩 - 眼部紧致眼膜

Facials

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

Ultimate Lifestage Facial | 105 Minutes

Restore youthful vitality and improve skin tonicity and firmness with this advanced facial. Using Tri-Active™ ingredients combined with specialised facial massage lifting techniques, this facial helps combat the signs of ageing, stimulate collagen production and deliver intensive results; the benefits of which can be seen immediately.

Includes: Skin analysis with SkinVision™ lamp – Triple cleanse – Steam and extraction (if required) – Specialised age-defying, contouring and lifting facial massage – Lift & Firm Mask – Scalp massage

Intense Regenerating Facial | 105 Minutes

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

Includes: Skin analysis with SkinVision™ lamp – Triple cleanse – Exfoliation – Steam and extraction (if required) – Age-defying facial massage – Personalised mask – Scalp massage

Inner Beauty Facial | 75 Minutes

Deeply cleanse, hydrate and renew with this instant result facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

Includes: Skin analysis with SkinVision™ lamp – Triple cleanse – Exfoliation – Steam and extraction (if required) – Facial massage – Personalised mask – Scalp massage

Eye Lift | 45 Minutes

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

Includes: Skin analysis with SkinVision™ lamp – Cleanse – Exfoliation to face and eye contour – Eye contour massage – Firming eye mask

身体护理

完全根据您的个人需求引导，期待这些深刻更新的仪式为您带来即时和持久的效果。在任何意义上都是独一无二的，我们利用自然界强大有效的活性物和精油，结合专业治疗师使用的创新技术。您的身体感觉到了平衡，皮肤的自然之美得到了恢复。

沐浴仪式 | 30分钟

在花瓣，香草和浴盐的包裹中享受沐浴过程，尽情放松身心。清洁身体的同时，聆听内心的声音，开启冥想之旅。

身体磨砂 | 45分钟

以自然解毒的海藻混合海盐和精油进行身体磨砂，去除皮肤角质，使您的肌肤清洁柔滑。

包括：皮肤清洁 - 身体角质去除

Body Treatments

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

Bath Ritual | 30 Minutes

Immerse yourself in a ritual bath with flower petal, herbs and salt. Participate in an initiation to open yourself up to spirit. Cleanse and purify your body and your aura listen to your higher self and begin to trust something outside of your rational mind.

Body Scrub | 45 Minutes

Whole body deep cleansed, body brushed and exfoliated to help stimulate circulation and cell renewal.

Includes: Skin brush – Body exfoliation

男士护理

我们针对男性的ESPA面部和身体护理是专门为您的皮肤类型量身定制的，根据您的需要，每一项都是专门为确保您体验到最佳的身体和治疗效果。

深层肌肉按摩 | 75/105分钟

这是一种非常有效的按摩方法，可以恢复身体的舒适感、柔韧性和动感。积极的伸展和专业的按摩与专业的混合香薰油缓解深层紧张的颈部，肩膀和背部，即时和持久的效果。肌肉疼痛会减轻，让您感觉更强壮、更有活力。

包括：调整呼吸 - (使用或不使用热石的) 有针对性的按摩 - 集中在需要的领域 - 头皮按摩

深层洁面护理 | 75分钟

深度清洁,根据当时面部状态清洁和补充水合物。Active™配方根据您的确切需求量身定制，可在芳香疗法精油放松身心的同时，立即净化和唤醒您的肌肤。皮肤看起来清洁，光滑,精力充沛的同时得到内心平静。

包括：SkinVision™灯皮肤分析 - 三重清洁 - 去角质 - 蒸汽和萃取 (如果需要) - 面部按摩 - 个性化面膜 - 头皮按摩

Only For Men

Our ESPA® face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

Deep Muscle Massage | 75/105 Minutes

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Breath work – Targeted massage with or without hot stones – Focusing on areas of concern – Scalp massage

Deep Cleansing Facial | 75 Minutes

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, Tri-Active™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.

Includes : Skin analysis with SkinVision™ lamp – Triple cleanse – Exfoliation – Steam and extraction (if required) – Facial massage – Personalised mask – Scalp massage

孕妇

专为放松身心和恢复身材而设计。专业理疗师在这个特殊的时刻给您带来舒适和平静。

孕妇按摩 | 75/105分钟

舒适的疗法滋养您不断变化的身体，让您的心灵平静下来。根据您的需要和怀孕阶段，使用纯净，温和的配方，使皮肤光滑和滋润，而专业按摩则舒缓紧绷，柔嫩的肌肉，达到放松状态。

包括：背部去角质 (如果需要) - 专注身体按摩 - 头皮按摩

Maternity

Specifically designed to relax the mind and restore the body. Allow our expert therapists to bring comfort and calm through this special time.

Pre-Natal Relax & Restore | 75/105 Minutes

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, gentlest formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

Includes: Back exfoliation (if required) – Focused body massage – Scalp massage

美甲及休闲

水疗按摩体验结束后宾客可以去休息室休憩，俯瞰长江及南京眼步行桥的迷人风光。休息室内提供精选的高蛋白坚果、干果、手工饼干和特色茶饮。

推拿按摩 | 45分钟

推拿是中医综合系统中的一门物理医学专业，采用一组穴位按压和关节活动技术。改善消化和呼吸系统。

包括：推拿背部按摩 - 反射理疗按摩

足部及手部美甲

足部及手部美甲 | 90分钟

足部美甲 | 60分钟

手部美甲 | 60分钟

手部修饰及法式美甲 | 30分钟

Finishing Studio and Relaxation Chamber

Finish and relax at the Finishing Studio and Relaxation Chamber, overlooking the Yangtze River and Nanjing Eye Pedestrian Bridge. The private room serves a selection of high-protein nuts, dried fruits, home made cookies and signature tea.

Tuina Reflexology | 45 Minutes

Tuina is a physical medicine speciality from the integrative system of Traditional Chinese Medicine (TCM), using a group of acupressure and joint mobilisation techniques, improving the digestive and respiratory system.

Includes: Tuina Back Massage – Reflexology

Foot And Hand Grooming

Foot And Hand Grooming | 90 Minutes

Foot Grooming | 60 Minutes

Hand Grooming | 60 Minutes

Polish & French | 30 Minutes

泰丽丝健身

酒店的空中泳池，长20米，宽8米。上方是透亮的四层玻璃天花板，西面是一览无余的扬子江，傍晚时分还可于此欣赏壮丽的日落美景。健身房内全部采用泰诺健新式的有氧运动和重量器械，如UNITY™ 3.0, PowerPlate™和 OMNIA 8™等设备，设备间的智能连接满足宾客的个性化训练。另有专业店内私教课堂。

Talise Fitness

Located on the 63rd floor, an indoor 20-meter length and 8-meter width infinity sky-atrium pool is awash with natural light from the four-storey glass ceiling. Facing westward overlooking the Yangtze river, the pool is a perfect spot to witness the magnificent sunset. The state-of-the-art Artist® Technogym technology features the latest cardio and strength equipment with UNITY™ 3.0, an innovative digital interface that ensures a personalised training experience and cutting edge connectivity. Enjoy our complimentary body analyser (In-body®270), PowerPlate with advice from our in-house trainer.

泰丽丝健身中心项目

颈部理疗瑜伽 | 60分钟

专门针对颈部的项目，结合拉伸、强化、有氧以及触发点疗法。

阴瑜伽 | 60分钟

长时间保持坐、仰卧或俯卧姿势的瑜伽练习。通过拉伸关节周围的韧带，这种练习可以帮助你冥想中坐得更久，更舒适。

阿斯汤加瑜伽 | 60分钟

阿斯汤加瑜伽，涉及到同步呼吸与一系列渐进的姿势。可以改善人体循环系统，调理身心，大量热量的消耗可以清洁身体排出毒素，使人神清气爽。

私教 | 60分钟

我们的健身教练会帮助你更快地实现你的健身目标，让你的生活方式发生持久的变化，让你看起来更有活力，更苗条，感觉更健康。

游泳课 | 60分钟

我们的教练根据您的需要和个人目标为您提供个性化的游泳课程，同时确保您在课程中的安全以提高您在水中的舒适度和自信心。

Talise Fitness Programme

Neck Physical Therapy Yoga | 60 Minutes

A typical neck exercise program will consist of a combination of stretching and strengthening exercises, aerobic conditioning and possibly trigger point exercises.

Yin Yoga | 60 Minutes

A practice focused on seated, supine, or prone poses held for longer periods of time. This practice is designed to help you sit longer and more comfortably in meditation by stretching connective tissue around the joints.

Ashtanga Yoga | 60 Minutes

Yoga which involves synchronising the breath with a progressive series of postures. The process produces intense internal heat and a profuse, purifying sweat that detoxifies muscles and organs.

Personal Training | 60 Minutes

Slim down a few sizes and improve your shape. Our fitness trainers will help you to tackle your fitness goals faster. Make long lasting lifestyle changes so you look fabulous and feel healthier.

Swimming Class | 60 Minutes

Beginners or advanced adult swimmers looking to improve swim strokes or fitness. Our coach personalises the lesson to meet your needs and personal goals with integration of water safety to develop comfort and confidence around water.

开放时间

泰丽丝健身：24小时（住店客人免费使用）及06:00 - 22:00（会员和访客）

泰丽丝水疗：每日 10:00 - 22:00

预约安排

如需预约您的理疗，请联系我们的泰丽丝健身及水疗团队，他们将能够指导您做出正确的选择。

为确保您的时间和服务有效，我们建议您提前预订。所有的水疗护理和套餐都需要用信用卡担保。

到达时间

请在理疗前留出足够的时间来填写生活方式咨询表和/或调查问卷。我们建议您在理疗前30分钟到达，

以便更换衣服、放松享受水疗设施。请注意，延迟抵达将减少理疗时间。

泰丽丝水疗中心将提供毛巾、浴袍、拖鞋和任何水疗护理所需的客用品。

设施和使用权

配套提供以下设施：桑拿室、湿蒸室、冰泉、水疗更衣室和休闲室。

泰丽丝健身中心

泰诺健最先进的Artist®系列配备了最新的有氧运动和力量设备，还配备了创新数字接口UNITY™ 3.0，

可确保个性化的培训体验和互联网的连接。

享受我们的免费身体分析仪 (In-body® 270)、PowerPlate®，酒店的培训师也将给予您专业建议。

美甲及休闲

一间专属用来做足底反射疗法、美甲修脚，和休息的房间。您可享用迪拜小吃，干果和特色茶，欣赏长江及南京眼的美景。

儿童政策

我们很高兴为16岁以下的儿童提供理疗。他们必须由一位成人全程陪同。

其他的水疗区域，包括更衣室，桑拿、湿蒸房和健身房，将限制16岁以下的客人使用。

Operation Hours

Talise Fitness: 24-hour (in-house guest) & 06:00 – 22:00 (members and visitors)

Talise Spa: Daily 10:00 – 22:00

Scheduling An Appointment

To schedule an appointment for your treatment, please contact our Talise Fitness and Spa team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

Arrival Time

Please allow sufficient time before your treatment to complete a Lifestyle Consultation Form and/or PAR-Q form. We recommend you arrive up to 30-minutes in advance of your treatment so that you can change, relax and enjoy thermal facilities in the changing area. Please be advised that late arrivals will result in a reduction of treatment time. Talise Spa will provide towels, robes, slippers and any amenities required for your spa visit or treatment.

Facilities And Access

The following facilities are available: sauna, steam room, ice fountain, spa changing and relaxation lounge.

Talise Fitness

The state-of-the-art Artist® Technogym technology features the latest cardio and strength equipment with UNITY™ 3.0, an innovative digital interface that ensures a personalised training experience and cutting-edge connectivity. Enjoy our complimentary body analyser (In-body® 270), PowerPlate® with advice from our in-house trainer.

Finishing Studio And Relaxation Chamber

A studio dedicated for reflexology, mani pedi and relaxation chamber. Signature Dubai home snacks – dates, dried fruits and signature tea are served with a view of the Nanjing Eye.

Children's Policy

We are delighted to offer treatments for children under 16-years old. However, they must be accompanied by an adult for the whole duration, apart from manicures and pedicures taken in the Finishing Studio or Relaxation Lounge. Access to the rest of the spa, including the changing facilities, spa, heat experiences and gym, is restricted for guests under 16 years old.

取消政策

请至少提前24小时取消预约，否则需支付100%的费用。延迟抵达将缩短您的理疗时间。

水疗礼仪

水疗区域营造放松和安静的环境。请尊重所有水疗客人的隐私。鉴于此，水疗区域内禁止使用手机、照相机、饮酒以及吸烟。

健康状况

在预订水疗时，请告知我们任何可能影响您做理疗的健康状况、过敏或受伤情况。

孕妇

我们专门为怀孕超过1个月或哺乳期的孕妇设计了理疗方案。

请允许我们的水疗团队指导您在这个特殊的时间内选择最适合您的理疗。

礼券

为亲友定制特别的礼品。有关详情，请联系泰丽丝健身和水疗中心预订团队。

家庭护理

为了在家里能更好的继续您的水疗体验，欢迎在泰丽丝健身及水疗接待处，选购我们的专业护理产品。

贵重物品

南京卓美亚酒店对在理疗场所内任何时候丢失的贵重物品和珠宝不承担任何责任。

遗失物品

在泰丽丝健身及水疗区域所发现的任何遗失物品都将存放在接待处。

存放90天后无人认领，将捐赠给当地慈善机构。请注意，酒精、贴身衣物和梳子仅保留24小时。

价格

所有价格均以人民币报价，并随时可能更改。小费不包括在内，欢迎您自行决定。

Cancellation Policy

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

Spa Etiquette

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. The spa is a mobile phone, camera, alcohol and smoke free zone.

Health Conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

Pregnancy

We have specially designed treatments for expectant women past their 1st trimester or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

Gift Vouchers

An ideal gift for someone special. Please contact the Talise Fitness & Spa reservations team for details.

Homecare

To continue your spa experience at home, most products used in our treatments are available at Talise Fitness & Spa reception.

Valuables

Jumeirah Nanjing accepts no responsibility for loss of valuables and jewellery at any time on the Spa premises.

Lost Property

All lost property found on the premises should be handed in at Talise Fitness & Spa reception. Items will be stored for 90 days. If they are not collected within this time, they will be donated to local charities. Liquids, under garments and hair brushes are kept for 24 hours only.

Prices

All prices are quoted in RMB and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.



Jumeirah
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